## Accessing Permaculture for people with chronic illness and/or disability

Suggestions to improve access to permaculture knowledge, events and demonstration sites in general in the permaculture community/movement



- Consideration of a staff member with an 'inclusivity' role in the Permaculture Association.
- A commitment to designing for improved access for people with CI/D in permaculture in general.
- Creation of a directory of (and promotion of) events/courses/demonstration sites that aim to meet the needs of many people with CI/D.
- Encouragement for further articles, learning materials and designs relating to accessing permaculture for people with CI/D.
- Information about access and support issues for people with CI/D built into the PDC as standard.
- Creation of a culture of accessibility in new and existing intentional communities.
- A PDC and other permaculture events and demonstration sites specifically designed for and focused on the needs of people with CI/D (as flagship/gold standard examples).
- Permaculture, Chronic Illness, Neurodiversity and Diversity Facebook group as a "hub" for discussion, ways forward and new designs.
- Acknowledgement and action (in terms of information provision and awareness-raising) in relation to risks of health problems that may result from attending permaculture events and demonstration sites. Some examples of these are: tick-borne illnesses (Lyme disease and others); leptospirosis (Weil's disease) from urine of infected animals, most commonly from rats; injuries and their associated sepsis risk; sunburn/heatstroke.